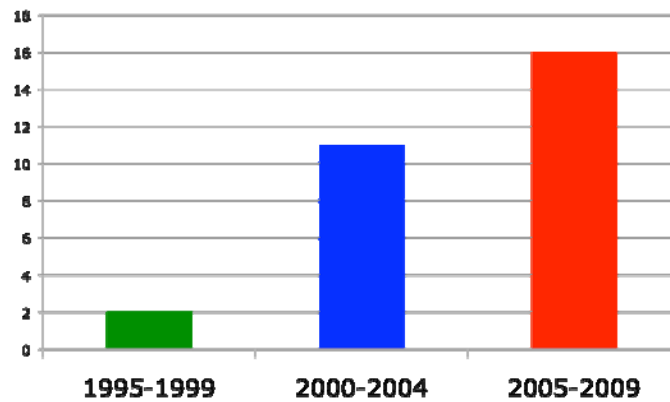


Road to Resilience: Signposts and Maps



Rick Cummings
Murdoch University

Reference to resilience in Evaluation and Program Planning



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Recently resilient Australians



Australia captain Ricky Ponting saluted the resilience shown by batsmen Michael Clarke and Marcus North to guide his side to a draw in the third Ashes Test at Edgbaston.

Funds target drought region women

Funding from the State Government is going to nine projects that help build resilience and wellbeing of women in South Australia drought affected areas



Families key to Indigenous student resilience

Posted Sun Jul 12, 2009 12:43pm AEST

Australia's Race Discrimination Commissioner has called for an Indigenous secretariat in schools to manage relationships with Indigenous students.

Related Story: [Govt urges education data transparency](#)

Speaking at the New South Wales' Teachers Federation annual conference, Tom Calma said schools could also incorporate more aspects of Aboriginal knowledge into their curriculum.

He says stronger relationships between schools and parents are the key to building resilience in Indigenous students.



Energy companies' resilience recognised

Australian Broadcasting Corporation
Broadcast: 16/10/2008
Reporter: Scott Allen

The banking and resources sectors have borne much of the brunt of recent volatility, but investors have recognised the resilience of energy companies such as Origin and ADL, who are weathering the storm.

Resilience is out of the bottle



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Characteristics of resilience



Resilience can be defined as a dynamic process encompassing positive adaptation within the context of significant adversity

It comprises:

- Strong core elements
- Diversity
- Effective networks
- Ability to manage risk

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Resilience in individuals



Resilience is the ability to successfully cope with change or misfortune

Personal Characteristics

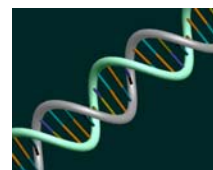
- Strong self-concept
- Long copy of 5 HTT gene
- Understand and manage risk

Family Situation

- Warmth, lack of abuse, supportive

Social Circumstances

- Wide range of resources available
- Strong communication networks
- Trusted key mentor



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Resilient communities



Resilient communities understand the hazards they face, take specific and coordinated actions to reduce their vulnerability, and develop response and recovery plans to facilitate a quick response and effective long-term recovery should a disaster occur.

Strong diverse economic and social base

Sound communication internal and external networks

Spiritual foundation

Understand and plan for risk

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Resilience in programs



A program which survives comprises:

A clear program theory based on empirical evidence

Good internal and external communication networks

Strong committed supporter(s)

Program staff who understand and plan for risk

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